

**MAIL TO: Mountain Home Hurricane
P.O. Box 2291
Mountain Home AR 72654**

Your child is not considered enrolled with the swim team until all fees are paid and all forms signed. *The ordering of a team swim suit is optional, but must be paid for in advance.*

**Registration Fees: \$75.00 for the 1st child, \$60 for each additional child in the same family.
AND \$12.00 per swimmer, AAU insurance
(Amateur Athletics Union)**

Information Sheet (Do not repeat basic information on subsequent athletes)

Swimsuit	
___ size Female	\$30.00 \$ _____
___ size Male	\$24.00 \$ _____
Swim cap & goggles	
___ Silicone cap	\$ _____
___ Latex cap	\$ _____
___ Goggles	\$ _____
Check# _____	Cash \$ _____

Name of athlete _____ boy/girl (circle) Today's date _____

Date of birth _____ age as of June 1st _____

Parent/Guardian names:

_____ address _____

_____ address _____

Phone #'s

Mom (home#) _____ (work) _____ (cell) _____

Dad (home#) _____ (work) _____ (cell) _____

Athlete's cell _____

If above persons cannot be reached in emergency, please list contact person:

Name _____ ph#'s _____ / _____

EMAIL ADDRESS:

Family: _____ if you check it one time a week.

Athlete's: _____

Scheduled absences (vacations, camps etc.) _____

Medical

Any prescription medications? Please list _____

Medical conditions? List _____

(ADD/ADHD is a medical condition)

* * A copy of this form can be found at www.MHHurricanes.com

WAIVER/RELEASE OF LIABILITY/PHOTO-VIDEO RELEASE

PLEASE READ CAREFULLY BEFORE SIGNING.
THIS IS A RELEASE OF LIABILITY AND WAIVER OF CERTAIN LEGAL RIGHTS.

I, _____, the parent/guardian of the enrolled athlete(s) agree and understand that **swimming** is a HAZARDOUS activity. I recognize that there are risks inherent in the sport of **swimming**, including but not limited to, paralyzing injuries and death.

The parent/guardian hereby agrees to allow their athlete(s) to participate in the Hurricane Swim Team program and hereby agrees to indemnify and hold harmless the Hurricane Swim Team Inc., its coaches, officers, directors, agents and employees against any liability resulting from any injury that may occur to the athlete while participating in the Hurricane Swim Team program. The parent/guardian also agrees to indemnify the Mountain Home Hurricane Swim Team Inc., for any damages incurred arising from any claims, demands, or cause of action by the athlete(s).

The parent/guardian authorizes any representative of the Mountain Hurricane Swim Team Inc., to have the athlete(s) treated in any medical emergency during their participation in the swim program. Furthermore, the parent/guardian agrees to pay all costs associated with medical care and transportation for the athlete(s). I have noted on the information form any medical/health problems of which the coaches, officers, directors, agents and employees should be aware.

Photos of athletes will be utilized for publicity of the Hurricane Swim Team at the Board's discretion.

I HAVE CAREFULLY READ THE ABOVE LIABILITY RELEASE AND SIGN IT WITH FULL KNOWLEDGE OF ITS CONTENTS AND SIGNIFICANCE.

SIGNED: _____ DATE: _____
(Parent / Guardian)

Athlete's Name: _____

I have carefully read the **Hurricane Swim Team Rules** and agree to comply with them.

Signed: _____ Date: _____
(Parent/Guardian)

Signed: _____ Date: _____
(Swimmer)

I have carefully read the **Meet Rules and Information** and agree to comply with them.

Signed: _____ Date: _____
(Parent/Guardian)

Signed: _____ Date: _____
(Swimmer)

****A copy of this form can be found on the website: www.MHHurricanes.com

HURRICANE SWIM TEAM RULES

- Be on time for practice, have your suit on, cap and goggles ready to get in water at 7:30 a.m.
- Be on time picking up your swimmer; no later than 9:30. If you are late more than 2 times, your child will not be allowed to participate with the team.
- Publicity is handled by a Board Member. Please do not call newspaper, radio etc. The representative will take care of inviting, or relaying information to the media. If you wish to issue a personal thank you, please sign your name to it.
- Wear sunscreen; have it applied before you get to the pool.
- No diving into the pool.
- No running/horseplay on deck.
- Bring water/Gatorade to practice daily.
- PDA (personal displays of affection), cursing, smoking in prohibited areas, trash talk, etc. will not be tolerated.
- No refunds if a swimmer is removed from the team for behavior problems, illness, or any other reason.

**Practice is optional, we work on a rotating basis and focus on a different stroke each day.

MEET RULES AND INFORMATION For Swimmers, Adults and Guests

- If you sign up for a meet (meet book will be on picnic table at city pool,) and are unable to make the meet, PLEASE, let your coach know, as soon as possible, in person, by phone or by email. Their absence will affect the relay teams.
- Hydrate, hydrate, hydrate!! Most meets have a concession stand that sells snacks, and drinks, but just in case, pack a cooler with water, Gatorade, fruit, and other healthy snacks.
- Cheer for your team mates!! Do not trash talk your teammates or the other team's swimmers.
- Parents make their own arrangements for their swimmer to get to a meet. If you send your child with someone else, be sure to send water and snacks. You may also want to get a permission form from the swimmers parent.
- Any swimmer under 18, must have an adult present at meets who is responsible for their behavior. Behavior of athletes is the responsibility of parents. Infractions of meet rules can result in a letter being sent to swimmer's parents. Coaches and Board members have the authority to ask an athlete, or parent to leave a meet or practice should they see fit.
- No PDA (personal displays of affection), cursing, trash talk or smoking in undesignated areas, will be allowed by swimmers, parents or guests.
- Team members (swimmers) and parents should NEVER approach officials at a swim meet. All questions/concerns should go to your child's coach. That coach will approach the correct official. If a parent is acting as an official, they must, also, go through a coach if they have a concern about an official or their child. No Exceptions.
- Meets with fees (District/Finals) require payment even if you scratch once the entry is finalized. If your absence means a relay can not run, you owe will owe for that relay entry. We will do our best to find substitutes for the relays.
- In an effort to be certain that slots are available for those swimmers who wish to take full advantage of the time and efforts of the Hurricane coaches and limited lane space, participation in at least one swim meet is required. Acknowledging that some situations may not allow for swim meet attendance, in lieu of attending one meet the swimmer shall generate \$150.00 in heat sheet advertisement by soliciting local business and/or individuals to run ads in the Mountain Home Hurricane heat sheets that are printed for local swim meets. Your child(ren) must swim in at least one June swim meet.
- Violation of team or meet rules will result in disciplinary action; two notices of violation = dismissal from team.
 - In order to be eligible for the Final Meet (see Meet Schedule) your child(ren) must swim 3 meets (and 6 individual events), before the Preliminary meet (weekend prior to final meet). There are qualifying times for the Finals meet which are posted on our website and in the Green Book. Swimmers MAY be selected for relays at finals, if they do not have qualifying times.
 - Junior Olympics are qualified by time and placement at the State Meet or by obtaining a qualifying time (see Qualifying Times) in any meet prior to deadline.

MH Hurricanes Swim Team

Parent Volunteer Form

Mountain Home will be hosting the AAU Junior Olympic Qualifying Meet this year. This allows swimmers from all over the state to compete for three days to earn positions in the South Wind Conference Junior Olympics, taking place in New Orleans in August.

The hosting of this swim meet will require a minimum of 38 people per day to make this meet a success. **Every family must provide at least one worker for a minimum of 3 hours.** The hours can be divided into 1 hour increments over the three days or one 3 hour shift.

A volunteer book will be provided at morning practices to sign up for the following area's:

- Set up/Clean up crew (night prior to meet and immediately following meet)
- Timers
- Runners (run between officials, computer person)
- Awards
- Hospitality
- Concessions
- Swim Shop
- Clerk of Course
- Meet Marshalls
- Announcers
- Heat Sheets

Due to the amount of responsibility of holding a meet of such magnitude 100% parent/guardian participation is required. If family cannot attend any of the three days or provide an individual to work in their place, **it is each family's responsibility to make arrangements ahead of time with a board member, whose names are posted on the MH Hurricane website (mhhurricanes.com), to help with a job prior to the AAU meet.** Your participation will make the overall experience rewarding and fun to you and your swimmer(s).

Failure to satisfy the requirements mentioned above will result in a one hundred dollar (\$100.00) assessment fee per family. If assessment fee is applied, each swimmer per family can not participate the following season until all past due fees are paid in full.

Parent/Guardian Signature: _____ Date: _____

NOTE: Parents/Guardians are expected to participate with timing responsibility at all away meets. Also, parents/guardians are encouraged to get involved with some form of officiating for competitions. Officials are present at all competitions to enforce the technical rules of swimming so the competition is fair and equitable. Officials attend a clinic and work with another official until being certified.